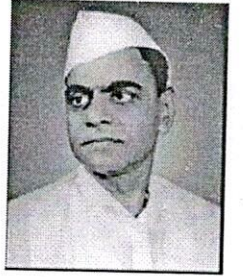


Janata Shikshan Sanstha's

KISAN VEER MAHAVIDYALAYA, WAI



Department of Psychology

**“Certificate Course in Counseling and Life Skill
Management”**

Course Report

2018-19

Janata Shikshan Sanstha's

Kisan Veer Mahavidyalaya, wai

Department of Psychology

Certificate Course in Counseling and Life skill Management Report


The Counseling and Life Skill Management course is designed to equip participants with essential skills in counseling techniques and life management strategies. The course spans three months and is structured into two comprehensive papers that cover various theoretical and practical aspects.

In the course we set goal for students that understanding of the principles and practices of counseling. Also students get detailed information about definition, scope, and ethics of counseling .In this course we cover the Counseling major counseling theories (e.g., cognitive-behavioral, psychodynamic, humanistic)and Counseling Techniques: Effective communication, active listening, empathy, and questioning techniques.

Overall students get all necessary information about counseling and life skill management. Counseling Process: Steps in the counseling process, setting goals, and developing treatment plans.

The Teaching Methodology of this course is not only Lectures but also Interactive Sessions:, Group discussions, Q&A sessions, and collaborative activities. Also Practical Exercises about Role-playing, case studies, and simulations to reinforce learning.

Assessments of this course written exams, assignments, and practical evaluations for understanding and application of skills.


Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai




PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara

Learning Outcomes


By the end of the course, participants have a solid foundation in counseling principles and practices. Be proficient in essential life skills such as stress management, time management, and effective communication.

also students able to apply counseling techniques in various settings.


Demonstrate improved self-awareness and emotional intelligence.

Possess the tools to manage personal and professional challenges effectively.

This course aims to produce competent individuals who can provide counseling support and manage life skills efficiently, thereby contributing positively to their communities and professional environments.


Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

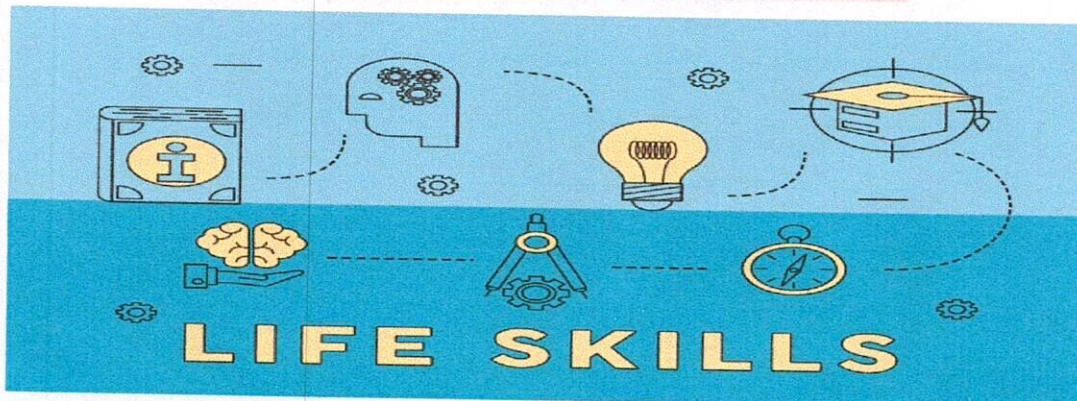



PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



Kisan Veer Mahavidyalaya, wai
Department of Psychology
Certificate Course in Counseling and Life skill
Management
2018-19

- Duration- 3 Month's
- Time- Everyday 12.30 pm TO 1.30
- Venue- - Department Of Psychology
- Date- 22/7/2018 To 02/12/2018

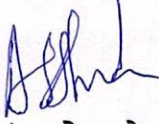


Co-ordinator –Dr.Anand Ghorpade


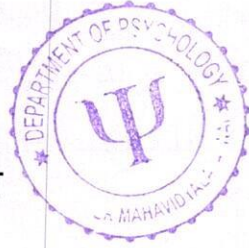
किसन वीर महाविद्यालय, वाई
मानसशास्त्र विभाग
दिनांक - 05/07/2018

नोटीस

महाविद्यालयातील मानसशास्त्र विषयाच्या बी. ए. शाखेच्या विद्यार्थ्यांना कळविण्यात येते की विभागाच्या वतीने 'Certificate Course in Counselling and Life Skill Management' हा कोर्स दिनांक 22/07/2018 पासून घेण्यात येत आहे. त्याचे वेळापत्रक सोबत जोडले आहे. तरी सर्वांनी वेळेत उपस्थित राहावे .



प्रा . आनंद घोरपडे
विभाग प्रमुख मानसशास्त्र



प्राचार्य

Kisan Veer Mahavidyalaya, Wai



Department of Psychology

2018-19

Certificate Course in Counselling and Life Skills Management

COURSE DESCRIPTION

The department of under graduate studies in Psychology offers six months part-time Certificate Course in Counselling and Life Skills Management.

MISSION

The Department of U.G. Studies in Psychology at Kisan Veer Mahavidyalaya, Wai is committed to the primary training and development of competent under graduate students .

PHILOSOPHY OF TRAINING

The program in Counselling Psychology and Life Skills Management provides primary training to those who wish to promote mental health in individuals, families, organizations, and communities through careers in direct service, leadership, research, and education.

GOALS

The fundamental goal of the department is help the students to enhance awareness, knowledge and skills in the discipline of Counselling Psychology and Life Skills Management.

ADMISSION CRITERIA AND ELIGIBILITY

1. Duration : Six months
2. Eligibility: Under graduate students of College.

Syllabus Formation Committee

1. Dr. Prasanna Dabholkar (M.D. Psychiatry, Satara)
2. Dr. Animish Chavan (M.D. Psychiatry, Satara)
3. Dr. Chitra Dabholkar (M.D. Paediatric and Life Skills Trainer)
4. Prof. Anand Ghorpade (Head, Dept. of Psychology, KVM, Wai)
5. Asst. Prof. Ajay Jadhav (Faculty, Dept. of Psychology, KVM, Wai)



Syllabus

MODULE- I

1. Introduction to Counselling: Definition, Nature and Goals

MODULE- II

1. Difference between Guidance, Counselling and Psychotherapy
2. Ethics of Counsellors

MODULE -III

1. Types of Counselling

MODULE- IV

1. Interactions between Counsellor and Counseee
2. Interview
3. Use of Technology
4. Psychological Tests, Inventories, Checklist, etc.

MODULE -V

1. Life Skills Management

FEE Structure

1. Rs.250/- per student

Medium of Instruction

Medium of instruction shall be Marathi.

Examination

By Practical in the prescribed Schools at Wai.



Time-table
Certificate Course In Life Skills Management
2018-19

Sr.No.	Month & Date	Name of Faculty	No Of Students attendance
1	Sunday 22 July	Dr. Citra Dabholkar	08
2	Sunday 29 th	Dr. Citra Dabholkar	11
3	August 05 th	Dr. Citra Dabholkar	11
4	August 19 th	Anand Ghorpade	08
5	September 09 th	Dr.Animish chavan	08
6	September 23 th	Shri.Ajay Jadhav	09
7	September 30 th	Anand Ghorpade	09
8	October 07 th	Shri.Ajay Jadhav	11
9	December 02 nd	Anand Ghorpade	09
10	December 02 nd	Ajjay jadhav	08



Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya, Wai
Psychology Department
2018-19

CERTIFICATE COURSE IN COUNSELING AND LIFE SKILLS MANAGEMENT

Lecture Schedule

10 Lectures (10.00am to 01.00pm) (Per Lecture 3 Hours) Total 30 Hours Course

Sr.no	Month	Date	Faculty	Topic
1	July	22	Dr.Prasanna Dabholkar Dr.Chitra Dabholkar	MODULE-I
2	July	29	Dr.Chitra Dabholkar	MODULE-V
3	Aug.	05	Dr.Chitra Dabholkar	MODULE-V
4	Aug.	19	Prof.anand Ghorpade	MODULE-IV
5	Sept.	09	Dr.Animish Chavan	MODULE-II
6	Sept.	23	Asst. Prof. Ajay Jadhav	MODULE-III
7	Sept.	30	Prof.anand Ghorpade	MODULE-IV
8	Oct.	07	Asst. Prof. Ajay Jadhav	MODULE-III
9	Dec.	02	Prof.anand Ghorpade	MODULE-IV
10	Dec.	23	Asst. Prof. Ajay Jadhav	MODULE-III



Janata Shikshan Sanstha's

Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2018-19

Certificate Course in Counseling and Life skill Management

Course Objective and Outcomes

Course Objective-

Life skills have been internationally identified by the World Health Organization (WHO) of United Nations as the most important learning and an asset to lead a fulfilling life.

The main objective of counseling is to bring about a voluntary change in the client. Counseling aims at helping the clients understand and accept themselves "as they are", And counseling is to help the student to help himself.

Outcome of Course

- Employability Skills
- Introduction to Counseling
- Approaches and Ethical Concerns
- Psychology Lab - Stress & Coping Assessment



Kisan Veer Mahavidyalaya, Wai

Department of Psychology

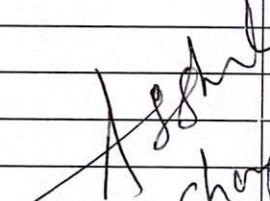
2018-19



Certificate Course in Counselling and Life Skills Management

Student List

Sr. No.	Name of the Student	Class	Roll No.
1	Bhise sneha Rajendra	B.A.III	130
2	Gole Priyanka sampt	TY.B.A	132
3	Varee Pooja Rajaram	B.A.III	134
4	Kadam Ankita Dilip	B.A.III	136
5	Trimbake Khushiya Tulshidas	B.A.III	152
6	Gaikwad shubhangi . A.	B.A.II	166
7	Jadhav veena Bhalchandra	B.A.III	
8	Gaikwad Nilesh Navarath	B.A.III	241
9	Kayande Amit krushna	B.A.II	34
10	Mone vaishali Ravindra	B.A.II	5
11	Jadhav shubhada Pravin	B.A.II	1
12	Chougale Sharad Babasaheb	B.A.II	35
13	Thopate Ganau Bhagwan	B.A.II	33
14	Chaudhari Divya Mahendra	B.A.I	79
15	Kate Anjali Anil	B.A.I	80
16	Kajal Santosh Mohite	B.A.II	217
17	Nalawade Amruta Anil	B.A.I	287
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			


 A.S. Ghopate
 HOD - Psychology

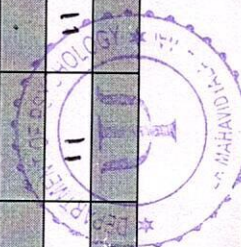
CERTIFICATE COURSE IN COUNSELLING

विद्यार्थी उपस्थितीपत्रक



10 Lectures (On Saturday) (Per Lecture 2 Hours) Total 20 Hours Course
2018-19

Sr. No.	Name of the Student	Class	22/07/18	29/07/18	05/08/18	12/08/18	19/08/18	26/08/18	02/09/18	09/09/18	16/09/18	23/09/18	30/09/18	06/10/18	13/10/18	20/10/18	27/10/18	03/11/18	10/11/18	17/11/18	24/11/18	01/12/18	08/12/18	15/12/18	22/12/18	29/12/18	05/01/19	
1	Bhise Sheba Rajendra	BA III	S.R. Bhise	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry
2	Gole Priyanka sampt	TY.B.A	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry	Ry
3	Vare Pooja Rajaram	B.A.III	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole	P.S. Gole
4	Kadam Ankita Dilip	B.A.III	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi	Akademi
5	Trimbake khushiya Tulshidas	B.A.III	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT	TKT
6	Gaikwad shubhangi A	B.III	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave
7	Jadhav Veera Bhalchandra	B.A.III	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave
8	Gaikwad Nilesh Narunath	BA.III	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave	Shree Sanyog Prave
9	Kayangude Amt Krushan	BA.II	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih	Amih
10	Mose Vaishali Ravindra	BA.II	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore
11	Jathar shubhada Pravin	BA.II	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad
12	Chaugale Sharad Bhubasabeh	BA.II	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad
13	Thapate Gaurav Bhagwan	BA.II	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad	Sharad
14	Chaudhari Divay Mohendra	BA.I	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari	D.M. Chaudhari
15	Kate Anjali Anil	BA.I	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate	Kate
16	Kajal Santosh Mahade	BA.I	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore	Amore
17	Nalawade Arvate Anil	B.A.I	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade	A.A. Nalawade
18																												
19			08	11	11	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08	08
20																												



Kisan Veer Mahavidyalaya
Head of Psychology
Head

Kisan Veer Mahavidyalaya
Wai, Dist. Solapur

Kisan Veer Mahavidyalaya, wai

Department of Psychology

Certificate Course in Counseling and Life skill Management

Result

2018-19

Sr No	Name Of Students	Paper I Out of 50	Paper II Out of 50	Total Out of 100	Grade
1	Miss Bhise Sneha Rajendra	36	32	68	B+
2	Miss. Gole Priyanka sampat	42	30	72	A
3	Miss. Vare Pooja Rajaram	42	34	76	A
4	Miss. Kadam Ankita Dilip	36	32	68	B+
5	Miss. Trimbake Khushiya Tulsidas	38	40	78	A
6	Miss. Gaikwad Shubhangi Arun	42	42	84	A+
7	Miss. Jadhav Veena Bhalachandra	28	36	64	B+
8	Mr. Gaikwad Nilesh Navanath	32	28	60	B
9	Mr. Kayangude Amit Krushna	34	24	58	B
10	Miss. More Vaishali Ravindra	32	44	76	A
11	Miss. Jathar Shubhada pravin	32	36	68	B+
12	Mr. Chaugule Sharad Babasaheb	28	38	66	B+
13	Mr. Thopate Gaurav Bhagwan	26	42	68	B+
14	Miss. Chaudhari Diwya Mahendra	30	28	58	B
15	Miss. Kate anjali Anil	38	32	70	B+
16	Miss. Mohite Kajal Santosh	42	34	76	A
17	Miss. Nalawade Amruta Anil	36	32	68	B+



Head
Head of Psychology
Kisan Veer Mahavidyalaya
Wai

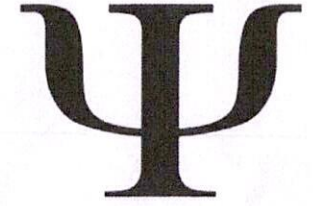



PRINCIPAL

KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



JANATA SHIKSHAN SANSTHA'S
KISAN VEER MAHAVIDYALAYA, WAI.
DEPARTMENT OF PSYCHOLOGY



Academic Year 2018-19

'Certificate Course in Counseling and Life Skill

CERTIFICATE

This is to certify that Mr./Miss
Class..... has successfully completed '**Certificate Course in Life Skill Management**'
conducted from July 2018 by Department Of Psychology Kisan Veer Mahavidyalaya,
Wai. He / She acquired grade .

Date -

Prof.. A.G.Ghorpade
H.O.D. Psychology



E. K. Kale
Principal

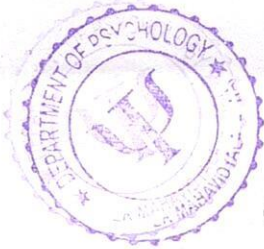
Janata Shikshan Sanstha's

Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2018-19

Certificate Course in Counseling And Life Skill Management
Feedback Form



Sr.No.	Question's	Responses
1	How well did you achieve the learning goals of this course?	50%----60%----More Than <u>80%</u>
2	About what percent of the class meetings did you attend ?	50%----60%----More Than <u>80%</u>
3	Overall, how would you describe the quality of the instruction in this course?	Good/ <u>Very Good</u> /Bad
4	How organized was this course?	Good/ <u>Very Good</u> /Bad
5	Give Your Rating for this course	-1--2--3--4--5-



Janata Shikshan Sanstha's

Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2018-19

Certificate Course in Counseling And Life Skill Management
Feedback Form

Sr.No.	Question's	Responses
1	How well did you achieve the learning goals of this course?	50%---- <u>60%</u> ----More Than 80%
2	About what percent of the class meetings did you attend ?	50%----60%----More Than <u>80%</u>
3	Overall, how would you describe the quality of the instruction in this course?	Good/ Very <u>Good</u> /Bad
4	How organized was this course?	Good/ Very <u>Good</u> /Bad
5	Give Your Rating for this course	-1--2--3-- <u>4</u> --5-



जीवसाधना-योगसुखा
संस्था
संस्था

किसान वीर महाविद्यालय, वई
Department of Psychology Ψ
Certificate Course in Counselling
&
Life Skill Management
Inauguration Function
Dr. Chitra Dabolkar
Child Specialist, Satara
Prin. Dr. C.G. Yeole
Place - R.No. ... 2018 Time - 9 am



Kisan Veer Mahavidyalaya, Wai
Department of Psychology Ψ
Certificate Course in Counselling
&
Life Skill Management
Inauguration Function
Dr. Chitra Dabolkar
Child Specialist, Satara
Prin. Dr. C.G. Yeole
Place - R.No. - July 2018 # Time - 9am



जीवनकौशलशिक्षण
कार्यशाळा

Janata shikshan Sanstha's
Kisan Veer Mahavidyalaya, Wai
Department of Psychology
Certificate Course in Counselling
&
Life Skill Management
in inauguration Function
Dr. Chitra Dabolkar
Child Specialist, Satara
Prin. Dr. C.G. Yeole
Place - R.No. A...
July 2018 Time- 9 am







