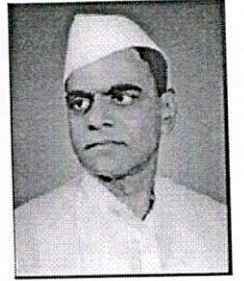


Janata Shikshan Sanstha's

**KISAN VEER MAHAVIDYALAYA, WAI**



Department of Psychology

**“Certificate Course in Counseling and Life Skill  
Management ”**

**Course Report**

**2019-20**

**Department of Psychology**  
**Certificate Course in Counselling and Life Skills Management**  
**2019-20**

## **Report**

Certificate course in counselling and life skills management promoting the philosophy of learning, the counselling skills as well as life skills for BA 3 psychology student. The course started in the month of August. The objective of course is to make students to learn counselling skills as well as life skills for development of his or her career in psychology.

The course starts with basic learning of the psychological development process in the field of counselling. And Difference between Guidance, Counselling and Psychotherapy. Then the other important factors like types of counselling, Interactions between Counsellor and Counselee, Interview techniques. Use of Technology and Psychological Tests, Inventories, Checklist, etc. teach by our faculty members. In the life skills learning students can learn skills which are very useful in his or her own life.

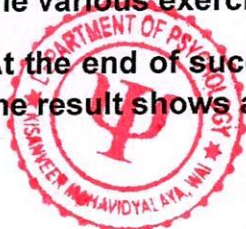
This certificate course is designed to give learners the underpinning knowledge, skills, and competencies to use counselling skills ethically and safely in a variety of contexts and roles and also this Course will offer an appropriate starting point for students, as well as professionals working in other helping professions to apply these skills at their workplaces.

**Learner Outcomes:** By the end of the programme, the learners will be able to:


1. Demonstrate their understanding of the complexities of social realities of the individuals and society.
2. Describe the value, the purpose, and scope of the use of interpersonal-counselling skills in the context of 'helping' professions.
3. Establish and sustain the boundaries in the helping situation/roles.
4. Work empathically as a helper.
5. Demonstrate the ability to focus on the helper's needs and concerns and plan interventions accordingly.
6. Also to understand life skills for self-development.

The course emphasizes an experiential style of learning. Central to counselling, skills practice is the idea that to understand the experience of the other one has to first understand 'the Self'. The course is structured so that students learn not only from what is taught, but also by actively engaging in the various exercises

At the end of successful completion of assignments and written examination, the result shows a success of students to achievements of knowledge.



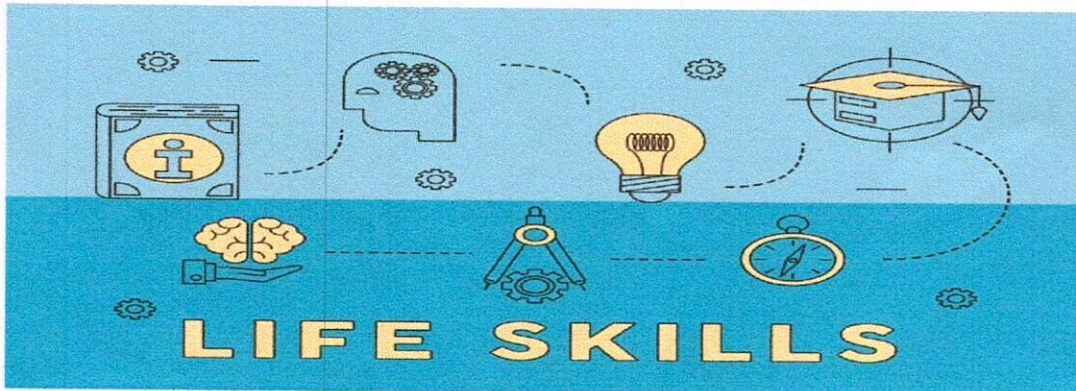
**Head**  
**Dept. of Psychology**  
**Kisan Veer Mahavidyalaya**  
**Waj**

  
**PRINCIPAL**  
**KISAN VEER MAHAVIDYALAYA**  
**Waj, Dist. Betwa.**

**Kisan Veer Mahavidyalaya, wai**  
**Department of Psychology**

**Certificate Course in and Life skill Management**  
**2019-20**

- Duration- 3 Month's
- Venue- - Department Of Psychology
- Date- 01/07/2019 To 12/10/2019



coordinator –Dr.Anand Ghorpade



# Kisan Veer Mahavidyalaya, Wai

## Department of Psychology

2019-20

### Certificate Course in Counselling and Life Skills Management

#### COURSE DESCRIPTION

The department of under graduate studies in Psychology offers six months part time Certificate Course in Counselling and Life Skills Management.

#### MISSION

The Department of U.G. Studies in Psychology at Kisan Veer Mahavidyalaya, Wai is committed to the primary training and development of competent under graduate students.

#### PHILOSOPHY OF TRAINING

The program in Counselling Psychology and Life Skills Management provides primary training to those who wish to promote mental health in individuals, families, organizations, and communities through careers in direct service, leadership, research, and education.

#### GOALS


The fundamental goal of the department is help the students to enhance awareness, knowledge and skills in the discipline of Counselling Psychology and Life Skills Management.

#### ADMISSION CRITERIA AND ELIGIBILITY


1. Duration: Six months
2. Eligibility: Under graduate students of College.

#### Syllabus Formation Committee

1. Dr. Prasanna Dabholkar (M.D. Psychiatry, Satara)
2. Dr. Animish Chavan (M.D. Psychiatry, Satara)
3. Dr. Chitra Dabholkar (M.D. Paediatric and Life Skills Trainer)
4. Prof. Anand Ghorpade (Head, Dept. of Psychology, KVM, Wai)
5. Asst. Prof. Ajay Jadhav (Faculty, Dept. of Psychology, KVM, Wai)

  
PRINCIPAL  
KISAN VEER MAHAVIDYALAYA  
Wai, Dist. Satara.



  
Head  
Dept. of Psychology  
Kisan Veer Mahavidyalaya  
Wai

Kisan Veer Mahavidyalaya, Wai  
Department of Psychology  
Certificate Course In Counselling And Life Skills  
Notice for students  
2019-20


Date-22/06/2021

The students of psychology BA part 3 are informed that the certificate course in counselling and Life skill management will be conducted in the Department of Psychology from 1st July 2019. The detailed Timetable is posted on the notice board of the department. Please make sure of your admission to course and attend class according to Timetable.



  
Prof. Anand Ghorpade

Head  
Dept of Psychology  
Kisan Veer Mahavidyalaya  
Wai

  
01/10/2021

I/C PRINCIPAL  
KISAN VEER MAHAVIDYALAYA  
Tal. Wai, Dist. Satara

# Kisan Veer Mahavidyalaya, Wai

Department of Psychology

Certificate Course in Counselling and Life Skills Management  
2019-20

## Syllabus

### MODULE-I

1. Introduction to Counselling: Definition, Nature and Goals

### MODULE- II

1. Difference between Guidance, Counselling and Psychotherapy
2. Ethics of Counsellors

### MODULE -III

1. Types of Counselling

### MODULE-IV

1. Interactions between Counsellor and Counselee
2. Interview
3. Use of Technology
4. Psychological Tests, Inventories, Checklist, etc.

### MODULE-V

1. Life Skills Management

### FEE Structure

1. Rs.250/- per student

Medium of Instruction Medium of instruction shall be Marathi.

### Examination

Objective type distributed in three papers


#### Paper Titles

Paper I- Introduction To Counselling-Module No-I,II

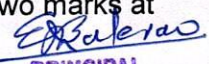
Paper II- Basic Counselling Procedure-Module No-III,IV

Paper III- Life Skills Management -Module No -V

- Each paper have objective type question paper having 25 questions of two marks at the end of syllabus.

  
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**Wai, Dist. Satara.**

Department of Psychology  
Certificate Course in Counselling and Life Skills Management  
**Time-table**

**Note** -Every Lecture is 10.00 am to 01.00 pm on every saturday in the month of aug,spt.,oct 2019 (Per Lecture 3 Hours) Total 36 Hours Course.

Sr.No.	Month	Date (July To Oct 2019)	Faculty	Topic Covered
1	July	01	Prof.Anand Ghorpade	Introduction And Importance Of Course
2	July	13	Prof.Anand Ghorpade	Introduction And Importance Of Course
1	Aug.	03	Prof.Anand Ghorpade	<b>MODULE-I</b>
2	Aug.	10	Prof.Ajay Jadhav	<b>MODULE-IV</b>
3	Aug.	17	Prof.Anand Ghorpade	<b>MODULE-I</b>
4	Aug.	24	Prof.Ajay Jadhav	<b>MODULE-IV</b>
5	spt.	07	Prof.Anand Ghorpade	<b>MODULE-II</b>
6	spt.	14	Prof.Ajay Jadhav	<b>MODULE-V</b>
7	spt.	21	Prof.Ajay Jadhav	<b>MODULE-V</b>
8	spt.	28	Prof.Anand Ghorpade	<b>MODULE-II</b>
9	oct.	05	Prof.Anand Ghorpade	<b>MODULE-III</b>
10	oct	12	Prof.Ajay Jadhav	<b>MODULE-V</b>

*Ralekar*  
PRINCIPAL  
KISAN VEER MAHAVIDYALAYA  
Wai, Dist. Satara.



*[Signature]*  
Head  
Dept. of Psychology  
Kisan Veer Mahavidyalaya  
Wai

Department of Psychology  
Certificate Course in Counselling and Life  
Skills Management


2019-20

Date-01/08/2019

Name of Faculty

Sr No	Name Of Faculty	Topic Allotment
1	Prof.Anand Ghorpade	<b>MODULE- I ,II,III</b>
2	Prof.Ajay Jadhav	<b>MODULE- IV,V</b>



  
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**Wai, Dist. Satara.**





Janata Shikshan Sanstha's

# Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2019-20

Certificate Course in Counseling and Life skill Management

## Course Objective and Outcomes

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### Course Objective-

Life skills have been internationally identified by the World Health Organization (WHO) of United Nations as the most important learning and an asset to lead a fulfilling life.

The main objective of counseling is to bring about a voluntary change in the client. Counseling aims at helping the clients understand and accept themselves "as they are", and counseling is to help the student to help himself.

### Outcome of Course

- Employability Skills
- Introduction to Counseling
- Approaches and Ethical Concerns
- Psychology Lab - Stress & Coping Assessment

Janata Shikshan Sanstha's

# Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2019-20

Certificate Course in Counseling and Life skill Management

## Students List

Sr.No	Name of Students
1	JAMDADE ANIKET DILIP
2	SAYED SHAFIYA RIYAZ
3	THOPATE GAURAV BHAGWAN
4	SASANE ANIKET VINOD
5	MOHITE GANESH SURESH
6	YADAV AARATI RAMDAS
7	KASURDE ARYAN SUNIL
8	DHANAWADE PRASAD ANANDA
9	KAMBLE KOMAL ANKUSH
10	RANSING POOJA DILIP
11	DIXIT MANASI MAHADEV
12	MORE VAISHALI RAVINDRA

Head of Psychology  
Kisan Veer Mahavidyalaya  
Wai



*E. B. Kale*

PRINCIPAL

KISAN VEER MAHAVIDYALAYA

Wai, Dist. Satara



**Department of Psychology**  
**Certificate Course in Counselling and Life Skills Management**  
**Attendance**  
**2019-20**

Sr.No	Name Of Students	1/7/19	13/7/19	31/8/19	10/8/19	17/8/19	24/8/19	7/9/19	14/9/19	21/9/19	28/9/19	5/10/19	12/10/19
1	Aniket Jamdade	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>	<del>Ab</del>
2	Aryan Kasurde	AK	AK	AK	Ab	AK	AK	AK	Ab	AK	AK	AK	AK
3	Prasad Danawade	Ab	Prasad	Prasad	Prasad	Prasad	A	Prasad	Prasad	Prasad	Prasad	Prasad	Prasad
4	Ganesh Mohite	Ganesh	Ab	Ganesh	Ganesh	Ganesh	Ganesh	Ab	Ganesh	Ganesh	Ganesh	Ganesh	Ganesh
5	Aniket Sasane	A	A	A	A	A	A	A	A	A	A	A	A
6	Gaurao Thopate	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao	Gaurao
7	Manasi Dixit	M.Dixit	Ab	M.Dixit	M.Dixit	M.Dixit	Ab	M.Dixit	M.Dixit	M.Dixit	Ab	M.Dixit	M.Dixit
8	Safiya Sayyad	Safiya	Ab	Safiya	Safiya	Safiya	Safiya	Safiya	Ab	Safiya	Safiya	Safiya	Safiya
9	Vaishali More	Vmore	Vmore	Vmore	Ab	Vmore	Vmore	Vmore	Vmore	Ab	Vmore	Vmore	Vmore
10	Arati Yadav	Arati	Arati	Arati	Arati	Arati	Arati	Arati	Arati	Arati	Arati	Arati	Ab
11	Poja Ransing	P.D. Ransing	Ab	P.D. Ransing	P.D. Ransing	P.D. Ransing	P.D. Ransing	Ab	P.D. Ransing	P.D. Ransing	P.D. Ransing	P.D. Ransing	P.D. Ransing
12	Priya Kamble	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab



Kisan Veer Mahavidyalaya, Wai  
Department of Psychology  
Certificate Course In Counselling And Life Skills  
Notice for students


Examinations Time Table

Instruction-

1. The Examination is objective Type.
2. All Questions are compulsory.
- 3, Each Question has two Marks.
4. Total number of questions is 25.
- 5 All Modules of course include in three papers

Sr.No	Paper No.	Modules Include	Date	Time
1	Paper I Introduction To Counselling	I,II	19/10/2019	9.00 TO 10.00 Am
2	Paper II Basic Counselling Procedure	III,IV	19/10/2019	11.00 To 12.00 Am
3	Paper III Life Skills Management	IV	19/10/19	01.00 TO 2.00 Pm



  
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Kisan Veer Mahavidyalaya, Wai  
Department of Psychology  
Certificate Course In Counselling And Life Skills  
Result-2019-20



**Paper Titles**

Paper I- Introduction To Counselling  
Paper II- Basic Counselling Procedure  
Paper III- Life Skills Management

Sr, No	Name of students	Paper No I- Out of 50	Paper No II Out of 50	Paper No III Out of 50	Total Out of 150	%
1	Aniket Jamdade	42	36	40	118	78.66
2	Aryan Kasurde	38	46	40	126	82.66
3	Prasad Danawade	42	36	44	122	81.33
4	Ganesh Mohite	38	44	46	130	85.33
5	Aniket Sasane	30	42	42	114	76.00
6	Gaurao Thopate	40	38	42	120	80.00
7	Manasi Dixit	36	44	44	124	82.66
8	Safiya Sayyad	46	36	42	124	82.66
9	Vaishali More	48	38	44	130	86.66
10	Arati Yadav	44	38	40	122	81.33
11	Poja Ransing	40	42	38	120	82.25
12	Komal Kamble	Ab.	Ab.	Ab.	Ab.	Ab.

**Result Analysis**

1	No Of Students Appeared	No of Students First Class With Distinction	No Of Students First Class	No Of Students with Second Class	No Of Students Fail
2	11	11	00	00	00

*E. K. Kalerao*

**PRINCIPAL**

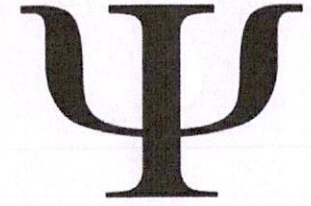
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Wai, Dist. Satara



*A. M. M.*  
**Head**  
**Dept. of Psychology**  
**Kisan Veer Mahavidyalaya**  
**Wai**



JANATA SHIKSHAN SANSTHA'S  
**KISAN VEER MAHAVIDYALAYA, WAI.**  
**DEPARTMENT OF PSYCHOLOGY**  
Academic Year 2019-20  
**'Certificate Course in Life Skill Management'**



**CERTIFICATE**

This is to certify that Mr./Miss .....  
Class..... has successfully completed **'Certificate Course in Life Skill Management'**  
conducted from 1<sup>st</sup> July 2019 by Department Of Psychology Kisan Veer  
Mahavidyalaya, Wai. He / She acquired ..... grade .

Date -

**Prof.. A.G.Ghorpade**  
**H.O.D. Psychology**



*A. B. Patil*  
**Principal**



Janata Shikshan Sanstha's

# Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2019-20

## Certificate Course in counseling and Life Skill Management Feedback Form



Sr.No.	Question's	Responses
1	How well did you achieve the learning goals of this course?	50% <del>60%</del> More Than 80%
2	About what percent of the class meetings did you attend ?	<del>50%</del> 60% More Than 80%
3	Overall, how would you describe the quality of the instruction in this course?	Good/ <del>Very Good</del> /Bad
4	How organized was this course?	Good/ <del>Very Good</del> /Bad
5	Give Your Rating for this course	-1--2--3-- <del>4</del> --5-



Janata Shikshan Sanstha's

# Kisan Veer Mahavidyalaya, Wai

Department of Psychology

2019-20

## Certificate Course in counseling and Life Skill Management

Feedback Form



Sr.No.	Question's	Responses
1	How well did you achieve the learning goals of this course?	<del>50%</del> --- <del>60%</del> ---More Than 80%
2	About what percent of the class meetings did you attend ?	<del>50%</del> --- <del>60%</del> ---More Than 80%
3	Overall, how would you describe the quality of the instruction in this course?	Good/ <del>Very Good</del> /Bad
4	How organized was this course?	Good/ <del>Very Good</del> /Bad
5	Give Your Rating for this course	<del>-1-</del> <del>-2-</del> <del>-3-</del> <del>-4-</del> <del>-5-</del>